

## **Monmouth Rambling and Hillwalking Club**

Affiliated to HF Holidays Ltd

### **PROGRAMME FOR WALKS June to August 2024**

**(compiled by Lindsey Woodfield)**

Please note that Walk Leaders should pre-walk their route and advise on the Walk Leader Form of any relevant risks (such as steep climbs, risky river crossings, steep drops etc.)

Insurance - The only cover provided is Public Liability: the damage or injury that any member of the Club may cause to a third party or property. Walkers walk with the club at their own risk and therefore need to be mindful of and responsible for their own safety. Appropriate clothing and footwear is essential and bring packed lunch and drink.

Walks start at 10am. Departure Time from Rockfield Road Car park (RRCP) is given for each walk.

Car sharing: Fuel contribution is calculated at 30p per mile, shown as cost per car for each walk, to be shared equally between the number of people in the car. It has been increased to reflect the rise in costs of running a car. Please read the notes on car-sharing in the Club's Guidance for Members Revision C, dated 21 Aug 2021.

No dogs please.

On the first Sunday of each month there will be a longer, more strenuous walk for those members who enjoy a more challenging day. There will be alternative short walks on the 1<sup>st</sup> Sunday and also on the 3<sup>rd</sup> Sunday of each month. Please see programme below for details. *The short walks are intended for those members who prefer a less demanding walk and a more leisurely pace. All our walks will be paced at the speed of the slowest walker. Please assist the walk leaders by not getting too far ahead of the leader, especially when the pace is leisurely.*

**Covid** – see our revised Guidance for Members Revision C, dated 21 August 2021. All participants need to have signed the declaration form to say they have read and agree to abide by these guidance notes.

**Please book in with the walk leader before 2pm on the day before the walk. If there are fewer than 4 people on the walk by this time, including the leader the walk will be cancelled.**

Date	Time RRCP	Walk Length (miles)	Leader(s)	Start	Description and Further Information
2.6.24	09.15	8.5			<p>A woodland walk on forest tracks with gentle slopes. A variety of wildlife including several species of butterfly and, if we're lucky, muntjac. We should also see a spectacular display of wildflowers including an abundance of orchids.</p> <p>An undulating walk with a total of around 800ft of ascent spread throughout the walk. 4 or 5 stiles.</p> <p>Free car park but no toilets.</p> <p>Fuel cost: cost £12</p>
2.6.24	09.20	3		<b>Short walk:</b>	<p>Route uses field paths, lanes and one short stretch of busy road. Lots of Shetland ponies to see.</p> <p>3 stiles, one ascent.</p> <p>Toilets in car park at start.</p> <p>Fuel cost: £10.80</p>
9.6.24	09.30	7			<p>Passing Ninewells Wood, Cleddon Bog, Beacon Hill, Cleddon Falls and the Wye Valley Walk.</p> <p>Passing through a unique ecosystem of raised bog and heathland with newts, dragonflies, stonechats, sparrowhawks and tree pipits.</p> <p>200 metres of ascent</p> <p>Approx. 10 stiles.</p> <p>Fuel Cost:</p>
16.6.24	09.15	9			<p>Follow the Beacons Way north up Cwm Cumbeth to the start of the access land. Turn east, then uphill, to join the track between Table Mountain and the main massif.</p> <p>Impressive views back open out as we pass Trwyn Ysgwrfa en route to Pen Cerrig-Calch (701 m). From here head north-west to reach the highest point at Pen Allt-Mawr (719 m). Turning back along the west side of the ridge we reach Pen Gloch-y-Pibwr with a 330° panoramic view out west, and after a further 1.5 miles the steep path down to rejoin the Beacons Way. Descend across fields and a lane back to Crickhowell.</p> <p><b>A strenuous route, total ascent 1,970 feet, most of it up Pen Cerrig-Calch.</b></p> <p>Fuel cost: £14.50</p>

Date	Time RRCP	Walk Length (miles)	Leader(s)	Start	Description and Further Information
16.6.24	09.40	3.5	<b>Short walk</b>		Walk through fields and wide tracks through a farm then descending through fields and woods to Kymin Road. Short road walk back to top. Optional diversion to nearby camp site for coffee. 2 stiles, one short slope/step. Fuel cost: £2.50
23.6.24	09.25	7.5			Follow Wye Valley Walk up 365 steps then north past Eagles Nest, leaving at a fort, then west to Penterry church. Continue through Feddw wood, descend to St Arvans via Rogerstone grange. Follow lane to Wyndcliffe Court, downhill through fields to cross A466. Follow path to Lovers Leap, then pick up Wye Valley walk northwards to start. Undulating walk, steep, stepped ascent at start, then a further short steep section to Penterry. Fuel cost: £7.20
30.6.24	09.35	7			From Goodrich Castle we walk to Kerne Bridge then descend to the Wye Valley Walk following the Wye to Welsh Bicknor. Initially in wooded area (with a few fallen trees to negotiate), then onto open fields bordering the river. The path then takes us to St. Margarets Church (rebuilt in 1858) and the very grand Y.H.A. From there we follow minor roads back up to Goodrich. A few moderate ascents but none of any great length. No stiles. Fuel cost: £5.50
7.7.24	09:00	9			From Dingle car park we will gradually climb to the top of North hill. Where hopefully we will have glorious view in all directions. The walk will follow the Malvern hills ridge to the Malvern hills hotel near British camp. We will return via paths on the western slopes of the Malverns. Two steep but short ascents. Fuel cost: £18.50

Date	Time RRCP	Walk Length (miles)	Leader(s)	Start	Description and Further Information
7.7.24	9.45	3.5	Short walk		Osbaston School to Manson Lane. Walk across Manson Fields to Manson Lane, then to Hereford Road, with stop at Royal Oak. Return via Osbaston. Gradual ascent to Manson lane. No stiles. Fuel cost: £1
14.7.24	10.00	6			Watery Lane, Ancre Hill, Monmouth Castle, Agincourt Square, The Wye Valley Walk, Monmouth Old Station, Nelson Gardens and Monnow Bridge. A history-themed walk with frequent pauses to learn about Monmouth's rich past. One small hill, 5 stiles. No fuel cost.
21.7.24	09:15	7.5			Head towards Holy Well and then to summit of Garn Wen (approx. 1,000 ft ascent). Along ridge to the folly and then descend via the medieval cobbled track (can be slippery in wet weather) to Lambrook and gradual decent back to the car park. Fine views from Garn Wen and the folly. Ascent from Holy Well to ridge quite steep. Toilets and refreshments at the Goytre Wharf café. Approx. 18 stiles. Fuel cost: £9.00
21.7.24	09:25	4.5	Short Walk		Figure of eight walk, Sellack Church, Loughpool Inn, Caradoc Hill. Easy walk on lanes, fields and tracks. 2 stiles. Fuel cost: £9.00

Date	Time RRCP	Walk Length (miles)	Leader(s)	Start	Description and Further Information
28.7.24	09:40	7			<p>From the car park at Redbrook a steep climb up along the Offas Dyke path. We follow the path through Highbury Wood and later join Coxbury Lane. We cut across fields to Caudwall Farm and head towards Newland. Lunch stop is at the Cathedral of the Forest. Return to Redbrook passing the site of the old iron works. Steep climb at the start, easy going afterwards. Total ascent 1304 feet. Fuel cost: £2.80</p>
4.8.24	08:45	7			<p>From the grassland free car park, we start to climb almost immediately up a sometimes steep, fairly long ascent on a good footpath, to the head of the cwm. We continue NE along the ridge for 1.5 miles to the Rhos Dirion trig point (713m), then continue on the ridge to climb Twmpa (690m). We retrace our steps down off Twmpa and descend down to the valley floor. There is a fairly flat return to the cars. There is an option to extend the walk by 1 mile to take in Mynydd Bychan's cairn. One prolonged, steep ascent at the start and a more gentle descent back down to the valley floor. Fuel cost: £23</p>
4.8.24	09:30	5	Short Walk		<p>A climb through Forge Woods, once an area for charcoal production. Continue on towards Newland and the 13<sup>th</sup> Church, known as the Cathedral of the Forest. Coffee stop at the church, then return via tracks, fields and Valley Brook. Steps at start, steep 100 yds to church. Fuel cost:</p>
11.8.24	09:35	7.8			<p>From Garway Common descend to Lower Garway Farm then climb to Garway Hill (364m asl) Magnificent views (weather permitting) and an optional visit to the tree with a looped trunk. A slow descent through Garway Hill Farm and Tannersfield. Optional visit to Garway St Michael's Church and refreshments at the walk leaders house 200m from the end of the walk. Long ascent up Garway Hill of 314m. 8 stiles. Fuel cost: £5.00</p>

Date	Time RRCP	Walk Length (miles)	Leader(s)	Start	Description and Further Information
18.8.24	0.00				Details to be provided near date.
18.8.24	09.40	4.5	Short Walk		<p>Undulating countryside walk on footpaths and quiet lanes. Views of Skirrid and Bloreng. Gradual uphill at start, ¾ mile, otherwise level. A few stiles. Fuel Cost: £4</p>
25.8.24	09.15	7			<p>A circular walk, with 340m of steady ascent from the Brecon and Monmouth Canal up to the limestone cliffs and caves of Mynydd Llangattwg (Llangattock Mountain), with some beautiful views over the Usk Valley and the Black Mountains. The route takes in the Craig y Cilau nature reserve. This former limestone quarry is one of Wales's most outstanding botanical sites, renowned for its variety of (some very rare) alpine plants and trees. From Craig y Cilau we descend a pretty valley beside a stream back down to Llangattock. Toilets in Crickhowell behind the Tourist Information Centre NP8 1BN Fuel cost: £15</p>

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